

Westbrook Animal Hospital



Post-Neuter Care Instructions for Your Male Canine

Thank you for entrusting Westbrook Animal Hospital with the care of your beloved pet. Neutering is a routine procedure, but proper post-operative care is crucial for a smooth recovery. Below, you'll find detailed instructions to ensure your dog's healing process is comfortable and successful.

General Guidelines

- 1. Monitor Behavior:**
 - It's normal for your dog to be groggy or lethargic for the first 24-48 hours after surgery.
 - Contact us immediately if you notice excessive lethargy, difficulty breathing, or unresponsiveness.
- 2. Limit Activity:**
 - Restrict your dog's activity for 7-10 days to prevent complications such as swelling or opening of the surgical site.
 - Avoid running, jumping, or rough play.
- 3. Prevent Licking or Chewing:**
 - An Elizabethan collar (e-collar) or surgical recovery suit should be used to prevent licking or chewing at the incision site.
 - Check the collar frequently to ensure it's secure but not too tight.

Incision Care

- 1. Daily Inspection:**
 - Check the surgical site daily if possible for signs of redness, swelling, discharge, or an unusual odor.
 - A small amount of pinkness or swelling is normal, but contact us if you notice anything concerning.
- 2. Keep the Area Clean and Dry:**
 - Do not bathe your dog or allow them to swim for at least 10-14 days post-surgery.
 - Avoid applying any ointments or cleaning solutions unless directed by the veterinarian.
- 3. Signs of Infection:**
 - Contact us if you observe excessive swelling, redness, discharge, or if your dog is in apparent discomfort.

Pain Management

- 1. Medication:**
 - Administer all prescribed medications exactly as directed.
 - Do not give human pain relievers (e.g., ibuprofen or acetaminophen) as they can be toxic to dogs.
- 2. Comfort Measures:**
 - Provide a quiet, comfortable space for rest.
 - Ensure your dog has access to fresh water and their usual bedding.

Diet and Hydration

- 1. Feeding:**
 - Offer a smaller portion of food the first evening in case of any nausea affects from sedation.
 - Nausea is common after anesthesia, so don't be alarmed if your dog has a reduced appetite for 24 hours.
- 2. Water:**
 - Ensure your dog has constant access to fresh water.



Follow-Up Care

1. **Recheck Appointment:**

- No follow-up appointment is needed unless you are notified otherwise from our staff. Although not required, if you do have any concerns about your pet following surgery, an appointment may be scheduled with our doctor to ensure proper healing and health

2. **Emergency Signs:**

- Contact Westbrook Animal Hospital at (207) 797 - 4747 if you notice any of the following:
 - Vomiting or diarrhea lasting more than 24 hours
 - Persistent whining, crying, or signs of pain
 - Incision site issues (e.g., bleeding, swelling, or infection)



Contact Information

Westbrook Animal Hospital is here to support your pet's recovery. Please don't hesitate to reach out with questions or concerns:

- **Phone:** (207) 797 4747
- **Email:** westbrookah@gmail.com

We're honored to care for your pet and look forward to seeing them happy and healthy. With your attention and care, your dog will be back to their normal self in no time!